



Insamase®
BY VIFRA



What it is?

MOODSAmE is a food supplement containing lavender ideal to be added to depressed patients' diet to increase serotonin, dopamine and phosphatidylserine levels. This supplement helps to be in the right mood.

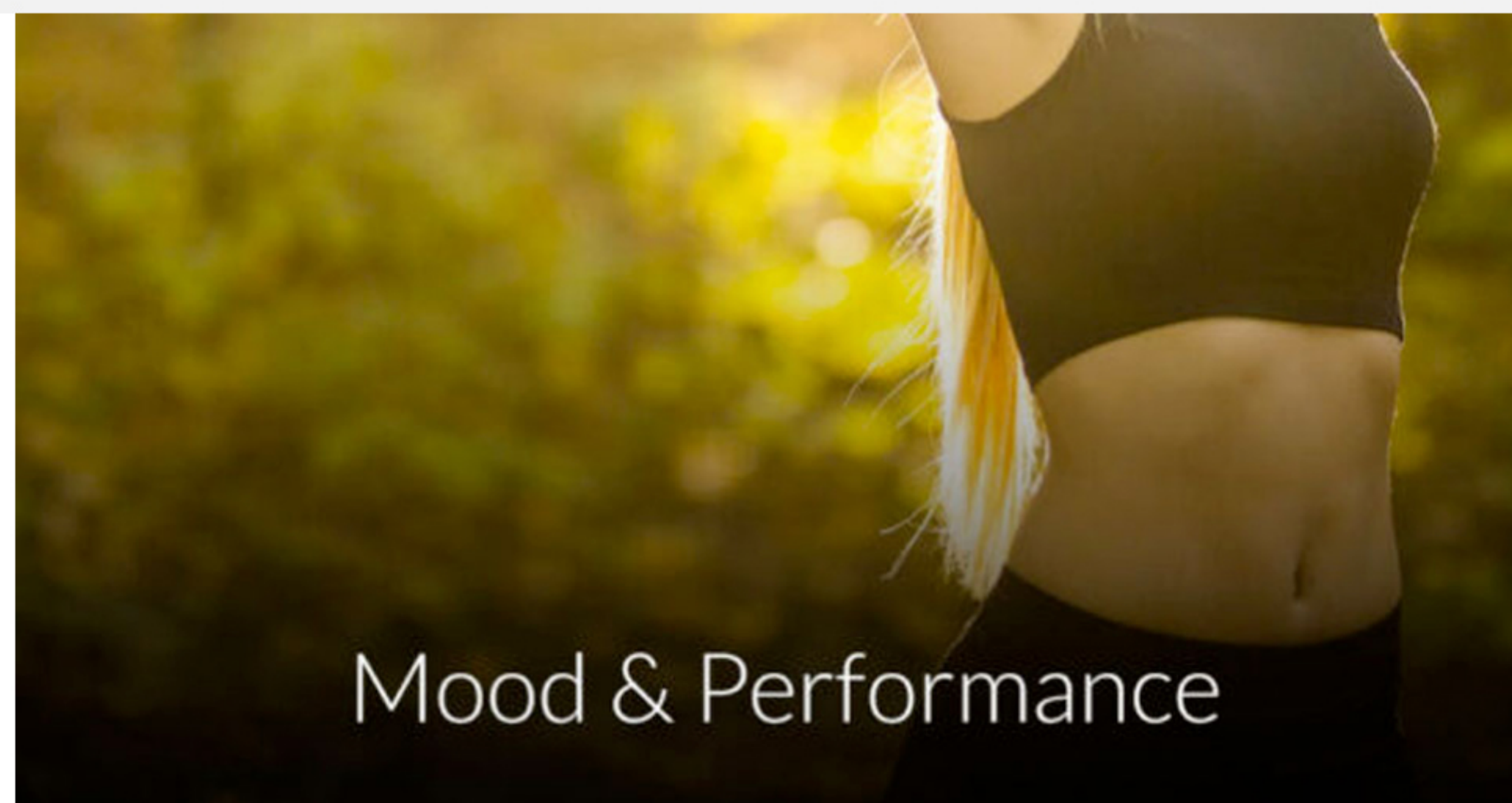
An innovative Formula

S-ADENOSYL-L-METHIONINE (SAMe): is an endogenous physiological molecule present in all body tissues and fluids. It is of fundamental importance in a number of biochemical reactions involving the enzymatic trans-methylation, contributing to the synthesis, to the activation and/or to the metabolism of compounds such as hormones, neurotransmitters, nucleic acids, proteins, phospholipids and some drugs. Adding SAMe to the diet of depressed patients improves the binding of neurotransmitters to the receptor sites, resulting in increased serotonin and dopamine activity and improved fluidity of the membrane of brain cells, leading to significant clinical improvement.

LAVENDER: numerous activities are attributed to lavender: it is sedative, antispasmodic, anti-inflammatory, antimicrobial and even cholesterol-lowering. More precisely, all these properties are attributable to the essential oil extracted from the plant, rich in linalol. The association between SAMe and LAVENDER creates an important action on the mood, helping relaxation and contributing to improve the daily mood. The vitamins present in the formulation enhance the action on the patient's mood, improving quality of life.

To whom it is recommended

Research studies from the 1970s suggest that the antidepressant action of SAMe is comparable to that of prescription drugs. The supplement is therefore indicated as an adjuvant in the treatment of mental depression.



Mood & Performance