



vifraIntegra®

Healthy&Natural



What it is?

Laxactive is a food supplement containing Mallow, Fumitory, Thistle, Zinc and Vitamin E, effective as a remedy for constipation and intestinal bloating.

An innovative Formula

Constipation is a disorder that can occur due to various organic or functional changes in the intestine. When a person suffers from constipation, they report a delay or insufficiency in the evacuation of faeces and this can have a significant impact on a person's quality of life: constipation, in fact, is a very frequent disease which affects approximately 13 million Italians; it is more common in women after the age of 65, in people subjected to psychological stress and it increases with advancing age.

The western lifestyle, with its frenetic pace and a diet low in fiber, considerably contributes to the onset of constipation. The bad lifestyle habits are not the only risk factors: usually far more important problems, such as diseases of the intestine and colon, are at the root of constipation.

Laxactive is the supplement from the **VIFRA INTEGRA** line that is a natural remedy for physiologically reducing occasional constipation. The mucilage of mallow turns out to be its main ingredient that can soften stools and thus promote the laxative effect.

MALLOW

Mallow is a plant native to North Africa, known for its laxative and anti-inflammatory properties. The Malvaceae family is typical of the Mediterranean region, it includes 240 genera and more than 4,200 species. They are most commonly used as ornamental plants, although they can also be used as a food resource and remedy for various diseases, such as digestive, respiratory, genito-urinary, throat and skeletal and skin disorders, as well as injuries in which the mallow is applied deeply for skin care and as antiseptics and emollients.

FUMITORY

Fumitory is a plant mainly known for its hepatoprotective and depurative action on organism; thanks to these properties it helps regulate the production of bile, prevents the formation of gallstones and aids digestion.

In literature *Fumaria officinalis* is another plant to which laxative, even if mild, as well as diuretic effects are attributed. *Fumaria* is used as a hepatoprotection and antispasmodic for the musculature; it is indicated in the presence of biliary dyspepsia, difficult digestion, constipation, postprandial heaviness, meteorism and halitosis. *Fumaria* is a plant with depurative, hepatoprotective and antispasmodic properties, which are exerted mainly at the level of the bile ducts, but also at the level of the gastrointestinal tract.

CARDO

It is a plant of Mediterranean origin and is one of the best-known natural remedies for cleanse the liver, thanks to its ability to prevent the formation of toxins responsible for liver damage. It also has an antioxidant and anti-inflammatory activity.

Milk thistle contains silymarin, a liver-purifying substance, which therefore affects, even though indirectly, the laxative effect. Its phytotherapeutic complex is traditionally used to treat liver disorders and to aid digestion.

ZINC

Zinc is an essential mineral thanks to its various properties: it contributes to the normal metabolism of proteins, lipids, carbohydrates and nucleic acids and in protecting cells from oxidative stress.

Zinc is a trace element responsible for most enzymatic reactions, thus also has an all-round laxative effect. Zinc plays a central role in the maturation and differentiation of immune cells, promoting the development of lymphocytes and the production of antibodies. Zinc is also a mineral that enhances the action of quenching of inflammation in intestinal tissue, thus improving the patient's quality of life.

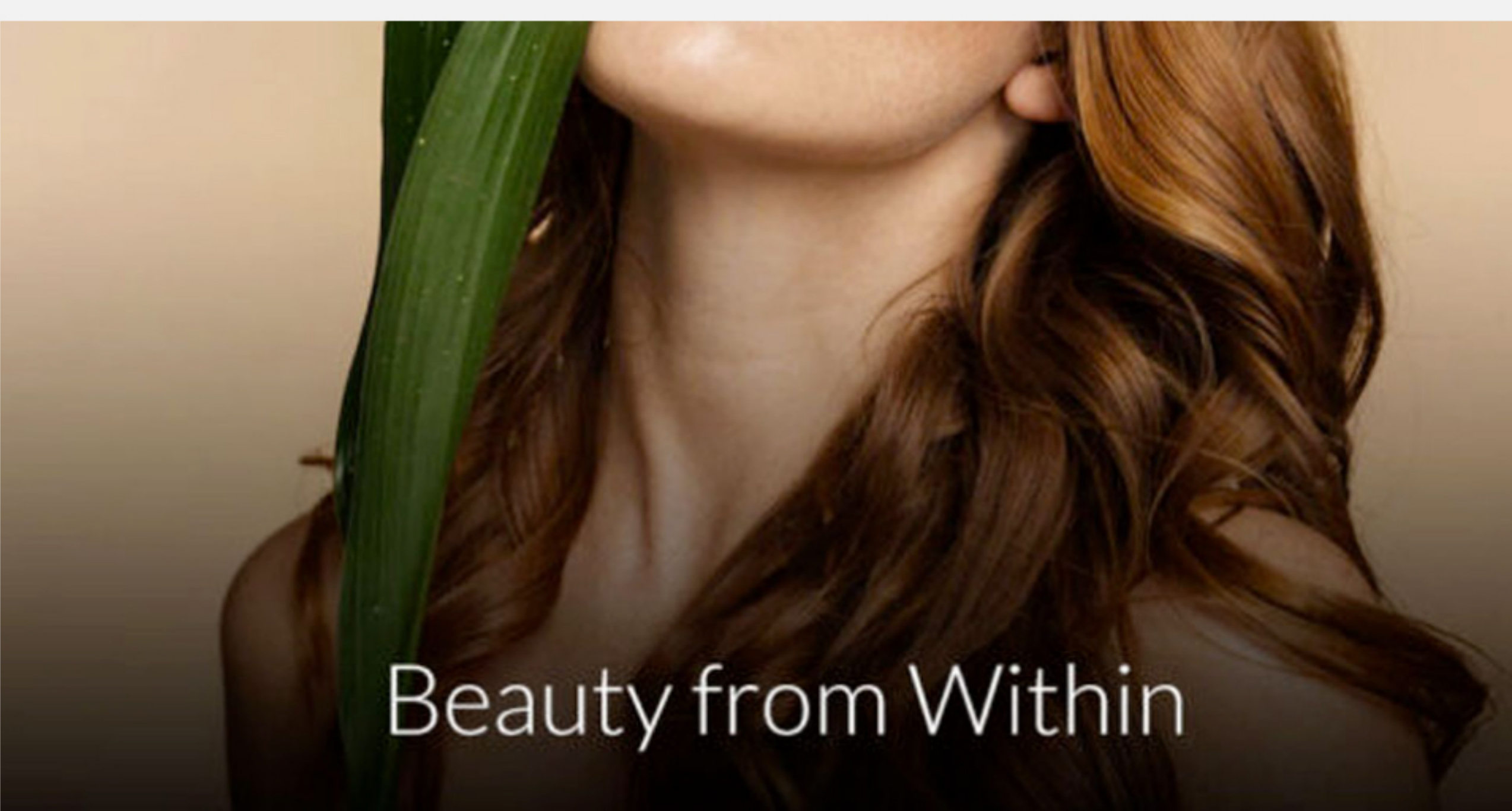
VITAMIN E

Vitamin E is one of the fat-soluble vitamins essential for the body, thanks to its antioxidant function that protects cell membranes from oxidative damage.

Vitamin E has an antioxidant action. Vitamin E, or tocopherol, is the most widespread and common of the vitamins and has antioxidant properties, it fights free radicals, and promotes cell renewal.

To whom it is recommended

The supplement can be used by adults suffering from constipation. Also indicated during pregnancy. Mucilage, apart from being a natural active, it has no particular contraindications. The product is recommended for those who need to promote or accelerate intestinal evacuation.



Beauty from Within